



# Cambridge Cycling Club

Open 15 mile time trial promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**RESULT SHEET**

**Friday, April 15<sup>th</sup>, 2022**

**Course F2/15**

Organiser: Chris Dyason (Cambridge CC) cdyason@hotmail.com 07970-093019

Timekeepers: Tim Groves (Cambridge CC) and Wally Groves

Thanks go to Tim and Wally for timing the event and to members and friends of Cambridge CC for all the other roles: Nick Jackson (numbers, signing and standing in for me while I rode the event (except that I didn't)), Bob Watson (start official), Andrew Brown, Mick Draper, Manuel Nunez, Stephen Herring, Birgit Huedepohl, Ian Bell, Matt & Naisha Polaine and Marc Cox (all marshals), Ken Platts (assisting timekeepers), Paula Dyason (refreshments) and Lucy Matthews (baking flapjacks).

A slightly disappointing day's weather, bright and surprisingly warm with a light wind which was pretty much directly across the course and didn't seem to give help at any point. That didn't appear to affect George Fox whose 28:34 gave him a winning margin of nearly 1½ minutes. Laura Davies headed the women's field with 33:08 and Jackie Field took top spot on Standard. Ely & District CC pipped Team Bottrill by just 2 seconds for the Team win.

Congratulations to all the prize winners, listed on the next page. If you are one of the lucky ones please email bank details to the address above (account name, sort code, account number) and I will arrange an online payment.

We'll be running the event again next year late April or early May but if you like the course, Cambridge CC's open 50 (The Viking Trophy) is on Friday June 3 on F2/50 and the open 25 is on Sunday September 11th on F2A/25 those courses being four and two laps of the same stretch of road.

Thank you for the donations for refreshments; a total of £106.34 will be divided between the two regional air ambulance services.

Chris Dyason

**Prize winners, adjusted for 'one rider, one prize':**

|                                  |             |                                                               |                                     |                |
|----------------------------------|-------------|---------------------------------------------------------------|-------------------------------------|----------------|
| <b>Fastest</b>                   | <b>£50</b>  | <b>George Fox</b>                                             | <b>George Fox Cycling Solutions</b> | <b>28:34</b>   |
| 2 <sup>nd</sup>                  | £40         | Matt O'Brien                                                  | Loose Cannon's Conditioning         | 30:01          |
| =3 <sup>rd</sup>                 | £27.50      | Nic Pillinger                                                 | Team Secret Squirrel                | 30:19          |
| =3 <sup>rd</sup>                 | £27.50      | Sam McDonald                                                  | St Neots CC                         | 30:19          |
| 5 <sup>th</sup>                  | £20         | Ben Farrer                                                    | Vector Cycling Race Team            | 30:26          |
| <b>1<sup>st</sup> Woman</b>      | <b>£50</b>  | <b>Laura Davies</b>                                           | <b>Orwell Velo</b>                  | <b>33:08</b>   |
| 2 <sup>nd</sup>                  | £40         | Fiona Sharp                                                   | Chapeau! Vive Le Velo               | 33:41          |
| 3 <sup>rd</sup>                  | £30         | Hannah O'Brien                                                | Loose Cannon's Conditioning         | 33:45          |
| 4 <sup>th</sup>                  | £20         | Louise Robinson                                               | Essex Roads CC                      | 33:54          |
| <b>1<sup>st</sup> Vet on Std</b> | <b>£50</b>  | <b>Jackie Field</b>                                           | <b>CC Ashwell</b>                   | <b>+ 11:29</b> |
| 2 <sup>nd</sup>                  | £40         | Kevin Tye                                                     | VeloRefined Rule 5                  | + 11:10        |
| 3 <sup>rd</sup>                  | £30         | Andrew Grant                                                  | Cambridge CC                        | + 11:02        |
| 4 <sup>th</sup>                  | £25         | Antony Brown                                                  | George Fox Cycling Solutions        | + 11:01        |
| 5 <sup>th</sup>                  | £20         | Linda Dewhurst                                                | Team Milton Keynes                  | + 10:56        |
| <b>1<sup>st</sup> Team</b>       | <b>£20e</b> | <b>Ely &amp; District CC (D Bennett, R Golding, J Manlow)</b> |                                     | <b>1:34:39</b> |
| <b>1<sup>st</sup> Tandem</b>     | <b>£15</b>  | <b>Christopher York</b>                                       | <b>Maldon &amp; District CC</b>     | <b>36:58</b>   |
|                                  | <b>£15</b>  | <b>Joanne York</b>                                            | <b>Maldon &amp; District CC</b>     |                |

## Cambridge CC Open 15, 15th April 2022 on F2/15 - RESULTS

| Pos. No.     | Name | Club              | Cat. | Age | Vet   | Std. | Time  | Vet Plus |
|--------------|------|-------------------|------|-----|-------|------|-------|----------|
| <b>Solos</b> |      |                   |      |     |       |      |       |          |
| 1            | 100  | George Fox        | S    | 28  |       |      | 28:34 |          |
| 2            | 70   | Matt O'Brien      | V    | 44  | 39:44 |      | 30:01 | 09:43    |
| =3           | 40   | Nic Pillinger     | V    | 44  | 39:44 |      | 30:19 | 09:25    |
| =3           | 91   | Sam McDonald      | S    | 32  |       |      | 30:19 |          |
| 5            | 86   | Ben Farrer        | S    | 34  |       |      | 30:26 |          |
| 6            | 95   | Darran Bennett    | V    | 51  | 40:34 |      | 30:27 | 10:07    |
| 7            | 65   | David Halliday    | S    | 38  |       |      | 30:45 |          |
| 8            | 80   | Kevin Tye         | V    | 60  | 41:57 |      | 30:47 | 11:10    |
| 9            | 45   | Andrew Turnock    | V    | 51  | 40:34 |      | 30:54 | 09:40    |
| 10           | 50   | Sean O'Sullivan   | S    | 25  |       |      | 30:57 |          |
| 11           | 60   | Nick Partridge    | V    | 44  | 39:44 |      | 31:02 | 08:42    |
| 12           | 75   | Robert Golding    | V    | 48  | 40:11 |      | 31:09 | 09:02    |
| 13           | 10   | Anthony Brown     | V    | 62  | 42:20 |      | 31:19 | 11:01    |
| 14           | 55   | Jordan Black      | S    | 24  |       |      | 31:21 |          |
| =15          | 15   | Aidan Sharman     | V    | 51  | 40:34 |      | 31:44 | 08:50    |
| =15          | 51   | Mark Hamer        | V    | 47  | 40:04 |      | 31:44 | 08:20    |
| 17           | 97   | Cameron Walker    | Esp  | 20  |       |      | 32:05 |          |
| 18           | 30   | Martin Reynolds   | V    | 59  | 41:46 |      | 32:07 | 09:39    |
| =19          | 42   | Tom Wade          | S    | 23  |       |      | 32:12 |          |
| =19          | 85   | Max Sahota        | S    | 27  |       |      | 32:12 |          |
| 21           | 19   | Thomas Walker     | S    | 27  |       |      | 32:16 |          |
| 22           | 81   | Sean Sanders      | V    | 51  | 40:34 |      | 32:23 | 08:11    |
| 23           | 71   | Thomas Carroll    | V    | 41  | 39:24 |      | 32:35 | 06:49    |
| 24           | 16   | Simon Murphy      | V    | 46  | 39:57 |      | 32:37 | 07:20    |
| 25           | 96   | Andrew Grant      | V    | 68  | 43:40 |      | 32:38 | 11:02    |
| 26           | 61   | Cy Gearing        | V    | 50  | 40:26 |      | 32:42 | 07:44    |
| 27           | 76   | Jez Willows       | V    | 56  | 41:17 |      | 32:55 | 08:22    |
| 28           | 92   | Derek Ricketts    | V    | 59  | 41:46 |      | 33:03 | 08:43    |
| 29           | 37   | Laura Davies      | WS   | 26  |       |      | 33:08 |          |
| 30           | 83   | Simon Higgs       | V    | 48  | 40:11 |      | 33:14 | 06:57    |
| 31           | 22   | Martin Smith      | V    | 44  | 39:44 |      | 33:18 | 06:26    |
| 32           | 63   | Roy Rowland       | S    | 30  |       |      | 33:20 |          |
| =33          | 11   | Colin Lizieri     | V    | 66  | 43:11 |      | 33:22 | 09:49    |
| =33          | 67   | Mark Halliday     | V    | 58  | 41:36 |      | 33:22 | 08:14    |
| 35           | 41   | John Manlow       | V    | 53  | 40:50 |      | 33:26 | 07:24    |
| 36           | 21   | Ed Watson         | V    | 46  | 39:57 |      | 33:41 | 06:16    |
| 37           | 47   | Fiona Sharp       | WV   | 43  | 43:21 |      | 33:41 | 09:40    |
| 38           | 46   | Patrick Ellerbeck | V    | 67  | 43:25 |      | 33:42 | 09:43    |
| 39           | 25   | Grant Orsborn     | V    | 61  | 42:08 |      | 33:45 | 08:23    |
| 40           | 62   | Hannah O'Brien    | WV   | 45  | 43:36 |      | 33:51 | 09:45    |
| 41           | 36   | Louise Robinson   | WV   | 45  | 43:36 |      | 33:54 | 09:42    |
| =42          | 56   | Sophie Lankford   | WS   | 26  |       |      | 33:55 |          |
| =42          | 82   | Jackie Field      | WV   | 57  | 45:24 |      | 33:55 | 11:29    |
| 44           | 28   | Mark Lawrence     | S    | 38  |       |      | 34:23 |          |
| =45          | 66   | Paul Smith        | V    | 50  | 40:26 |      | 34:32 | 05:54    |
| =45          | 87   | Matt Wilmington   | V    | 43  | 39:37 |      | 34:32 | 05:05    |
| 47           | 12   | Adrian McHale     | V    | 46  | 39:57 |      | 34:34 | 05:23    |
| 48           | 31   | Michael Martin    | V    | 57  | 41:26 |      | 34:35 | 06:51    |
| 49           | 33   | Peter Tibbitts    | V    | 70  | 44:12 |      | 34:51 | 09:21    |
| 50           | 88   | Ian Markham       | V    | 53  | 40:50 |      | 35:09 | 05:41    |

| Pos. No.     | Name         | Club      | Cat.                                                   | Age | Vet Std. | Time  | Vet Plus    |
|--------------|--------------|-----------|--------------------------------------------------------|-----|----------|-------|-------------|
| <b>Solos</b> |              |           |                                                        |     |          |       |             |
| 51           | 17 Michael   | Allen     | Team Jewson - MI Racing ~Poly Pipe~McCann              | V   | 75       | 45:45 | 35:19 10:26 |
| 52           | 27 William   | Burton    | Cambridge CC                                           | Esp | 20       |       | 35:22       |
| 53           | 89 Sophie    | Lee       | Team Catenary                                          | WV  | 44       | 43:28 | 35:33 07:55 |
| 54           | 52 Roger     | Porter    | Verulam CC                                             | V   | 75       | 45:45 | 35:34 10:11 |
| 55           | 93 Alan      | Crane     | Chronos RT                                             | V   | 53       | 40:50 | 35:39 05:11 |
| 56           | 43 Linda     | Dewhurst  | Team Milton Keynes                                     | WV  | 63       | 46:37 | 35:41 10:56 |
| 57           | 53 Noel      | Toone     | Kettering CC                                           | V   | 61       | 42:08 | 35:50 06:18 |
| 58           | 78 Deborah   | Beare     | Icknield RC                                            | WS  | 39       |       | 36:12       |
| 59           | 32 Ian       | Stokes    | Team Salesengine.co.uk                                 | V   | 62       | 42:20 | 36:13 06:07 |
| 60           | 18 Joy       | Payne     | High Wycombe CC                                        | WV  | 65       | 47:06 | 36:15 10:51 |
| 61           | 68 Ian       | Aunger    | Fenland Clarion CC                                     | V   | 59       | 41:46 | 36:30 05:16 |
| 62           | 72 Nick      | Hickman   | Team Salesengine.co.uk                                 | V   | 55       | 41:08 | 36:42 04:26 |
| 63           | 58 Andrew    | Bright    | Chronos RT                                             | V   | 53       | 40:50 | 36:45 04:05 |
| 64           | 48 Bob       | Quarton   | Wolsey RC                                              | V   | 67       | 43:25 | 36:57 06:28 |
| 65           | 94 Jamie     | Fox       | Hitchin Nomads CC                                      | S   | 37       |       | 37:09       |
| 66           | 73 Kevin     | Humphreys | Sherwood CC                                            | V   | 62       | 42:20 | 37:32 04:48 |
| 67           | 54 Elizabeth | McKie     | Verulam Really Moving                                  | WV  | 53       | 44:43 | 37:49 06:54 |
| 68           | 84 Linda     | Hones     | Newmarket Cycling & Triathlon Club                     | WV  | 59       | 45:46 | 38:04 07:42 |
| 69           | 59 Jennifer  | Clegg     | Team Bottrill                                          | WV  | 68       | 47:54 | 38:08 09:46 |
| 70           | 79 Susan     | Sanders   | Drighlington BC                                        | WV  | 48       | 43:59 | 38:11 05:48 |
| 71           | 23 Anthony   | Bye       | Wisbech Whs                                            | V   | 67       | 43:25 | 38:22 05:03 |
| 72           | 39 Judy      | Brown     | Newmarket Cycling & Triathlon Club                     | WV  | 61       | 46:11 | 38:26 07:45 |
| 73           | 34 Kerry     | Brennand  | Newmarket Cycling & Triathlon Club                     | WV  | 42       | 43:14 | 38:56 04:18 |
| 74           | 44 Phil      | Bailey    | Loose Cannon's Conditioning                            | V   | 60       | 41:57 | 39:04 02:53 |
| 75           | 99 Matt      | Prince    | Icknield RC                                            | V   | 64       | 42:44 | 39:52 02:52 |
| 76           | 13 Paul      | Wright    | Army Cycling                                           | V   | 54       | 40:59 | 39:54 01:05 |
| 77           | 69 Su-Anne   | Bullock   | Icknield RC                                            | WV  | 42       | 43:14 | 40:02 03:12 |
| 78           | 64 Judy      | Reid      | Icknield RC                                            | WV  | 61       | 46:11 | 40:24 05:47 |
| 79           | 74 Eva       | Zsigoova  | ...a3crg                                               | WS  | 37       |       | 40:44       |
| 80           | 29 Cheryl    | Tye       | Plomesgate CC                                          | WV  | 54       | 44:53 | 42:53 02:00 |
| 81           | 49 John J    | Murphy    | Gloucester City Cycling Club                           | V   | 82       | 48:43 | 43:52 04:51 |
| 82           | 14 Peter     | Horsnell  | Chelmer CC                                             | V   | 92       | 55:56 | 46:38 09:18 |
|              | 35 Sean      | Hunt      | Lincoln Wheelers CC                                    | V   | 58       | 41:36 | DNF         |
|              | 57 Loz       | Staples   | Velo-One CT (Staples Vegetables-Great British Farmers) | V   | 48       | 40:11 | DNF         |
|              | 9 Chris      | Dyason    | Cambridge CC                                           | V   | 74       | 45:25 | DNS(A)      |
|              | 20 Adam      | Fisher    | Cambridge CC                                           | S   | 39       |       | DNS(A)      |
|              | 26 Philip    | Watkins   | North Norfolk Whs                                      | V   | 59       | 41:46 | DNS(A)      |
|              | 38 Deborah   | Sheridan  | Warwickshire Road Club                                 | WV  | 65       | 47:06 | DNS(A)      |
|              | 77 Chris     | Spray     | Ratae RC                                               | V   | 55       | 41:08 | DNS(A)      |
|              | 90 John      | Wingfield | Team HUUB                                              | S   | 37       |       | DNS(A)      |
|              | 98 Jolyon    | Glynn     | Cambridge CC                                           | Esp | 19       |       | DNS(A)      |
|              | 24 Buffy     | Pearce    | Icknield RC                                            | WV  | 50       | 44:16 | DNS         |

| Pos. No.       | Name            | Club      | Cat.                            | Age | Vet Std. | Time  | Vet Plus    |
|----------------|-----------------|-----------|---------------------------------|-----|----------|-------|-------------|
| <b>Tandems</b> |                 |           |                                 |     |          |       |             |
| 1              | 101 Christopher | York      | Maldon & District CC            | V   | 53       | 55:00 | 36:58 18:02 |
|                |                 | Joanne    | York                            | WV  | 51       |       |             |
|                | 102 Andrew      | Hutchison | Lowestoft Wheelers Cycling Club | V   | 59       | 50:00 | DNF         |
|                |                 | Catherine | Lowestoft Wheelers Cycling Club | WV  | 57       |       |             |
|                | 103 Mark        | Arnold    | VTTA (East Anglia Group)        | V   | 47       | 50:00 | DNF         |
|                |                 | Glenn     | Shorter Rochford RT             | V   | 53       |       |             |

## Cambridge CC Open 15, 15th April 2022 on F2/15 - RESULTS on Standard

| Pos. No. | Name         | Club       | Cat.                                      | Age | Vet Std. | Time  | Vet Plus |       |
|----------|--------------|------------|-------------------------------------------|-----|----------|-------|----------|-------|
| 1        | 82 Jackie    | Field      | CC Ashwell                                | WV  | 57       | 45:24 | 33:55    | 11:29 |
| 2        | 80 Kevin     | Tye        | VeloRefined Rule 5                        | V   | 60       | 41:57 | 30:47    | 11:10 |
| 3        | 96 Andrew    | Grant      | Cambridge CC                              | V   | 68       | 43:40 | 32:38    | 11:02 |
| 4        | 10 Antony    | Brown      | George Fox Cycling Solutions              | V   | 62       | 42:20 | 31:19    | 11:01 |
| 5        | 43 Linda     | Dewhurst   | Team Milton Keynes                        | WV  | 63       | 46:37 | 35:41    | 10:56 |
| 6        | 18 Joy       | Payne      | High Wycombe CC                           | WV  | 65       | 47:06 | 36:15    | 10:51 |
| 7        | 17 Michael   | Allen      | Team Jewson - MI Racing ~Poly Pipe~McCann | V   | 75       | 45:45 | 35:19    | 10:26 |
| 8        | 52 Roger     | Porter     | Verulam CC                                | V   | 75       | 45:45 | 35:34    | 10:11 |
| 9        | 95 Darran    | Bennett    | Ely & District CC/B&T Motor Repairs       | V   | 51       | 40:34 | 30:27    | 10:07 |
| 10       | 11 Colin     | Lizieri    | Cambridge CC                              | V   | 66       | 43:11 | 33:22    | 09:49 |
| 11       | 59 Jennifer  | Clegg      | Team Bottrill                             | WV  | 68       | 47:54 | 38:08    | 09:46 |
| 12       | 62 Hannah    | O'Brien    | Loose Cannon's Conditioning               | WV  | 45       | 43:36 | 33:51    | 09:45 |
| =13      | 70 Matt      | O'Brien    | Loose Cannon's Conditioning               | V   | 44       | 39:44 | 30:01    | 09:43 |
| =13      | 46 Patrick   | Ellerbeck  | St Neots CC                               | V   | 67       | 43:25 | 33:42    | 09:43 |
| 15       | 36 Louise    | Robinson   | Essex Roads CC                            | WV  | 45       | 43:36 | 33:54    | 09:42 |
| =16      | 45 Andrew    | Turnock    | Finsbury Park CC                          | V   | 51       | 40:34 | 30:54    | 09:40 |
| =16      | 47 Fiona     | Sharp      | Chapeau! Vive Le Velo                     | WV  | 43       | 43:21 | 33:41    | 09:40 |
| 18       | 30 Martin    | Reynolds   | Cambridge CC                              | V   | 59       | 41:46 | 32:07    | 09:39 |
| 19       | 40 Nic       | Pillinger  | Team Secret Squirrel                      | V   | 44       | 39:44 | 30:19    | 09:25 |
| 20       | 33 Peter     | Tibbitts   | Ford CC                                   | V   | 70       | 44:12 | 34:51    | 09:21 |
| 21       | 14 Peter     | Horsnell   | Chelmer CC                                | V   | 92       | 55:56 | 46:38    | 09:18 |
| 22       | 75 Robert    | Golding    | Ely & District CC/B&T Motor Repairs       | V   | 48       | 40:11 | 31:09    | 09:02 |
| 23       | 15 Andy      | Sharman    | Team Bottrill                             | V   | 51       | 40:34 | 31:44    | 08:50 |
| 24       | 92 Derek     | Ricketts   | Ely & District CC/B&T Motor Repairs       | V   | 59       | 41:46 | 33:03    | 08:43 |
| 25       | 60 Nick      | Partridge  | VC Baracchi                               | V   | 44       | 39:44 | 31:02    | 08:42 |
| 26       | 25 Grant     | Orsborn    | Bedfordshire Road RT                      | V   | 61       | 42:08 | 33:45    | 08:23 |
| 27       | 76 Jez       | Willows    | Sherwood CC                               | V   | 56       | 41:17 | 32:55    | 08:22 |
| 28       | 51 Mark      | Hamer      | Stratford Cycling Club                    | V   | 47       | 40:04 | 31:44    | 08:20 |
| 29       | 67 Mark      | Halliday   | North Bucks RC                            | V   | 58       | 41:36 | 33:22    | 08:14 |
| 30       | 81 Sean      | Sanders    | Drighlington BC                           | V   | 51       | 40:34 | 32:23    | 08:11 |
| 31       | 89 Sophie    | Lee        | Team Catenary                             | WV  | 44       | 43:28 | 35:33    | 07:55 |
| 32       | 39 Judy      | Brown      | Newmarket Cycling & Triathlon Club        | WV  | 61       | 46:11 | 38:26    | 07:45 |
| 33       | 61 Cy        | Gearing    | St Ives CC                                | V   | 50       | 40:26 | 32:42    | 07:44 |
| 34       | 84 Linda     | Hones      | Newmarket Cycling & Triathlon Club        | WV  | 59       | 45:46 | 38:04    | 07:42 |
| 35       | 41 John      | Manlow     | Ely & District CC/B&T Motor Repairs       | V   | 53       | 40:50 | 33:26    | 07:24 |
| 36       | 16 Simon     | Murphy     | St Neots CC                               | V   | 46       | 39:57 | 32:37    | 07:20 |
| 37       | 83 Simon     | Higgs      | Essex Roads CC                            | V   | 48       | 40:11 | 33:14    | 06:57 |
| 38       | 54 Elizabeth | McKie      | Verulam Really Moving                     | WV  | 53       | 44:43 | 37:49    | 06:54 |
| 39       | 31 Michael   | Martin     | CC Ashwell                                | V   | 57       | 41:26 | 34:35    | 06:51 |
| 40       | 71 Thomas    | Carroll    | CC Breckland                              | V   | 41       | 39:24 | 32:35    | 06:49 |
| 41       | 48 Bob       | Quarton    | Wolsey RC                                 | V   | 67       | 43:25 | 36:57    | 06:28 |
| 42       | 22 Martin    | Smith      | Newmarket Cycling & Triathlon Club        | V   | 44       | 39:44 | 33:18    | 06:26 |
| 43       | 53 Noel      | Toone      | Kettering CC                              | V   | 61       | 42:08 | 35:50    | 06:18 |
| 44       | 21 Ed        | Watson     | Ratae RC                                  | V   | 46       | 39:57 | 33:41    | 06:16 |
| 45       | 32 Ian       | Stokes     | Team Salesengine.co.uk                    | V   | 62       | 42:20 | 36:13    | 06:07 |
| 46       | 66 Paul      | Smith      | VeloRefined Rule 5                        | V   | 50       | 40:26 | 34:32    | 05:54 |
| 47       | 79 Susan     | Sanders    | Drighlington BC                           | WV  | 48       | 43:59 | 38:11    | 05:48 |
| 48       | 64 Judy      | Reid       | Icknield RC                               | WV  | 61       | 46:11 | 40:24    | 05:47 |
| 49       | 88 Ian       | Markham    | Chronos RT                                | V   | 53       | 40:50 | 35:09    | 05:41 |
| 50       | 12 Adrian    | McHale     | Peterborough CC                           | V   | 46       | 39:57 | 34:34    | 05:23 |
| 51       | 68 Ian       | Aunger     | Fenland Clarion CC                        | V   | 59       | 41:46 | 36:30    | 05:16 |
| 52       | 93 Alan      | Crane      | Chronos RT                                | V   | 53       | 40:50 | 35:39    | 05:11 |
| 53       | 87 Matt      | Wilmington | Icknield RC                               | V   | 43       | 39:37 | 34:32    | 05:05 |
| 54       | 23 Anthony   | Bye        | Wisbech Whs                               | V   | 67       | 43:25 | 38:22    | 05:03 |
| 55       | 49 John J    | Murphy     | Gloucester City Cycling Club              | V   | 82       | 48:43 | 43:52    | 04:51 |
| 56       | 73 Kevin     | Humphreys  | Sherwood CC                               | V   | 62       | 42:20 | 37:32    | 04:48 |
| 57       | 72 Nick      | Hickman    | Team Salesengine.co.uk                    | V   | 55       | 41:08 | 36:42    | 04:26 |
| 58       | 34 Kerry     | Brennand   | Newmarket Cycling & Triathlon Club        | WV  | 42       | 43:14 | 38:56    | 04:18 |
| 59       | 58 Andrew    | Bright     | Chronos RT                                | V   | 53       | 40:50 | 36:45    | 04:05 |
| 60       | 69 Su-Anne   | Bullock    | Icknield RC                               | WV  | 42       | 43:14 | 40:02    | 03:12 |
| 61       | 44 Phil      | Bailey     | Loose Cannon's Conditioning               | V   | 60       | 41:57 | 39:04    | 02:53 |
| 62       | 99 Matt      | Prince     | Icknield RC                               | V   | 64       | 42:44 | 39:52    | 02:52 |
| 63       | 29 Cheryl    | Tye        | Plomesgate CC                             | WV  | 54       | 44:53 | 42:53    | 02:00 |
| 64       | 13 Paul      | Wright     | Army Cycling                              | V   | 54       | 40:59 | 39:54    | 01:05 |